

# Scenario 1:

I have been identified as a **close contact** to a **confirmed Positive** with **COVID-19**, what should I do?



**1** **Notify** your HOD and HC **by email**. Monitor your symptoms by using the **'Daily Monitoring Form'** available in the SharePoint.



**2** **Proceed** to the nearest medical facility for a **swab test**.

**3** **Isolate yourself** from the rest of the household while **awaiting test result**.



**4** **If you are ...**

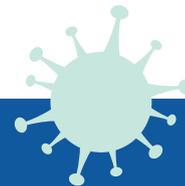
## CONFIRMED POSITIVE

- ✓ Notify your HOD and HC by email immediately.
- ✓ Follow the instructions given by MKN or the medical facility where you got checked.
- ✓ Isolate yourself at home and monitor your symptoms using the **'Daily Monitoring Form'** available in the SharePoint.
- ✓ Fill-in the **'Contact-Tracing Form'** and revert to HC as soon as possible for INCEIF to initiate contract tracing and identify close contacts.



## NEGATIVE

- ⊖ Notify your HOD and HC by email immediately.
- ⊖ Follow the instructions given by MKN or the medical facility where you got checked.
- ⊖ Observe the quarantine period at home and monitor your symptoms using the **'Daily Monitoring Form'** available in the SharePoint.



## Scenario 2:

If anyone in **my household** – my spouse, children, family member or housemate – has **come into contact** with a **confirmed COVID-19** positive patient, what should I do?



**1** Your spouse/ child/ family member/ housemate should **immediately** take a **swab test**.



**2** **Isolate him/her** from other members of your household.



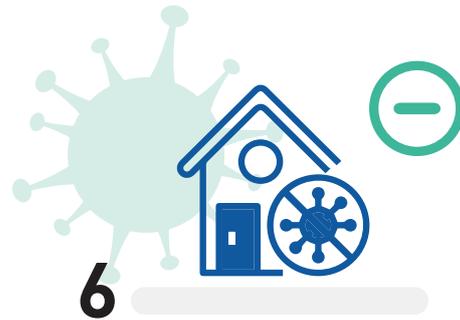
**3** **Notify** your HOD and HC **by email** immediately.



**4** Everyone in the house should **stay home** until the **result** of the **swab test is known**.



**5** If the **swab test** is **positive**, you and other people in the house should **immediately get tested**.



If the **swab test** is **negative**, we advise you and the household to **stay home** for **7 days** and monitor for any COVID-19 symptoms.

List of Hospitals and Screening Centres for Covid-19 (Updated 23 April 2021) :

<http://covid-19.moh.gov.my/fasiliti-kesihatan/hospital-swasta-dan-klinik-swasta-berdaftar-untuk-covid19>