

HOME ASSESMENT TOOL

Name :	
No. Identity Card / Passport No. :	
No. Telephone :	Mobile: Home:
Home Address :	
Date Arrival in Malaysia :	
Flight No.	

TABLE FOR DAILY MONOTORING

INSTRUCTION: Please (✓) the symptoms that you experience for each day.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Date:/...../.....	Date:/...../.....	Date:/...../.....	Date:/...../.....	Date:/...../.....	Date:/...../.....	Date:/...../.....
Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()

Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Date:/...../.....	Date:/...../.....	Date:/...../.....	Date:/...../.....	Date:/...../.....	Date:/...../.....	Date:/...../.....
Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()	Symptoms : Fever () Cough () Shortness of breath ()

NOTE: Days of self monitoring can be added to the instructed period IF a person has recurrent exposure to the risk of infection.

Please do all the below while you are under home surveillance:

- Be contactable at all time.
- Stay at home during the self-monitoring period.
- Limit visitors to your house.
- List the name of those visiting you.
- Always practice good cough etiquette.
- If you develop any symptom, always wear face mask. If you did not wear face mask, close your mouth and nose with tissues when coughing or sneezing. Throw the tissues into closed dustbin and immediately WASH YOUR HANDS with soap or hand sanitizer.
- Limit your distance with healthy person(s) to at least 1 meter.
- Wear face mask when you go out of your room and avoid contact with others.
- Open all windows in your house to ensure good ventilation.
- Do not share utensils, tableware and personal hygiene items.

MONITOR YOURSELF FOR ANY SYMPTOMS

If you develop fever or cough or sore throat, **IMMEDIATELY** contact the District Health Office at _____.